

Patient Name Date of Birth Today's Date

Houston Pediatric Pulmonary and Sleep Associates New Patient Questionnaire - Pulmonary & Sleep

Birth History

What hospital/birth center? _____
C-section or vaginal delivery? c-section vaginal
What was the birth weight? _____
What was the baby's gestational age at birth? _____
How long was the baby in the hospital? _____
Please list any problems/complications:

Past Medical History

Please list the patient's current medical problems: None

Please list all surgeries in the patient's lifetime: None
Surgery: _____ Date: _____ Surgeon: _____

Please list the patient's current medications (if additional room is needed, please provide attached list): None
Name: See attached. Frequency/Dose/Strength:

Please list any allergies (medication, food, other): None

Please list any other medical specialists the patient has seen (ENT, allergist, cardiologist, etc.)

Please list how many times the patient has had/done the following (in the **past 1 year** of life or in the patient's **entire life**):
Past Year: Life:

Had an urgent visit to the doctor _____
Went to the emergency room _____
Admitted to the hospital _____
Admitted to the ICU _____
Intubated _____
Taken a course of oral (by mouth) steroids _____
Taken a course of antibiotics _____
How many days of school did the patient miss in the last year for illness? _____

What is the name of your current home health care company?

Please list any special home medical equipment (oxygen, feeding pump, apnea monitor, etc.)

Family History

Please list the patient's siblings: None
Name: _____ Birth Date: _____ Gender: _____

Are there any medical problems in the family? Be sure to include any breathing, sleeping or psychiatric problems.

Family Member _____ Disease/Problem None

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Social History

Does patient attend any type of daycare? Yes No

Does anyone the patient knows smoke? Yes No

Please list any pets in the home, or other animals to which the patient is exposed. None

Do any of the pets sleep with the patient? Yes No

Does the patient share a bedroom with anyone? Yes No

Does the patient share the bed with anyone? Yes No

Who lives with the patient at home?

Are there any problems with the conditions of the patient's home (water damage, mold, insects, pests, peeling paint)? Explain: Yes No

How often are the air conditioning filters changed? _____

What grade is the patient currently in? _____

What sports does the patient play currently?

What other hobbies or activities is the patient involved in currently?

Does the patient live close to any industrial refineries, chemical factories, or other industrial plants? Yes No

Does the patient's bedroom have:

Carpet Yes No

Curtains Yes No

Ceiling fan Yes No

Stuffed animals Yes No

Sleep History

Please answer for both, **School Nights (SN)** and **Weekends (WE)**, for each question. **SN:** **WE:**
What time does the patient go to bed? _____

How long does it take for the patient to fall asleep? _____

At what time does the patient wake up to start their day? _____

How many times does the patient wake up throughout the night? _____

How many naps does the patient take during the day? _____

How long is each nap? _____

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Constitutional

Review of Systems

Neurological

- Fever (recent, or recurrent) Yes No
- Night sweats Yes No
- Weight loss or gain Yes No
- Decreased energy Yes No
- Appetite changes Yes No
- Difficulty gaining weight Yes No

- Frequent headaches Yes No
- Convulsions or seizures Yes No
- Developmental delays Yes No
- Is or was your child enrolled in ECI? Yes No
- Does your child require special classes in school? Yes No
- Does your child require therapy? Yes No

Eye

- Itchy eyes Yes No
- Watery eyes Yes No
- Red eyes Yes No
- Vision Problems Yes No

- If yes, please identify
 Speech Language Physical Occupational

Sleep - Daytime

Ear, Nose, Mouth, & Throat

- Runny nose Yes No
- Nasal congestion Yes No
- Frequent sinus infections Yes No
- Frequent sniffing or sneezing Yes No
- Frequent throat clearing Yes No

- Hyperactive Yes No
- Difficulty focusing/concentrating Yes No
- Irritability Yes No
- Defiant Yes No
- Dry mouth in the morning Yes No
- Too sleepy during the day Yes No
- Falls asleep at inappropriate times Yes No

Sleep - Nighttime

Cardiovascular

- Heart murmur or heart problem Yes No
- Chest pain Yes No
- Exercise limitation Yes No
- Fainting Spells Yes No

- Snores more than 3 nights per week Yes No
- Episodes where patient stops breathing while sleeping Yes No
- Chokes/gags/gasps/snorts while sleeping Yes No
- Kicks legs while asleep Yes No
- Body movements while asleep Yes No
- Sleep walking Yes No
- Sleep talking Yes No
- Has difficulty falling asleep Yes No
- Teeth grinding Yes No
- Bed wetting Yes No

Gastrointestinal

- Vomiting or excessive spit up Yes No
- Constipation Yes No
- Heart burn Yes No
- Frequent abdominal pain Yes No
- Frequent burping Yes No
- Frequent hiccups Yes No
- History of iron or other nutritional deficiency Yes No

Psychiatric

- Symptoms of anxiety (excessive worries) Yes No
- Symptoms of depression (hopeless, helpless, excessive sadness, crying) Yes No
- Behavioral problems (fighting at school) Yes No
- Other psychiatric conditions Yes No

Endocrine

- Too hot or too cold Yes No
- Blood sugar problems (including diabetes) Yes No
- Easy bruising Yes No
- Take birth control pills Yes No

Allergic/Immunologic

- Eczema (dry, rough, or itchy skin) Yes No
- Hives (urticaria) Yes No
- Allergies (allergic rhinitis, hay fever, etc.) Yes No

Other

Please note any other important symptoms not listed above: